

Lumsden Light

Produced in association with Northern Southland College Your Community School lumsdenlight@hotmail.com

31 March 2023

TO THE HOUSEHOLDER

POSTAGE PAID

The Week Ahead

SATURDAY 1 APRIL

EASTER MARKET SENIOR CITIZENS' ROOMS LUMSDEN 10am-3pm. Contact Carolyn 021 115 4333 or Trish 027 512 9425 if you would like a stall or more information.

Market Day at the Lumsden Senior Citizens' rooms Rural Women table selling kitchen items plus eatables

LUMSDEN COMMUNITY NURSERY MONTHLY MARKET IS BACK! First Saturday of every month from 10am - 2pm. Including native plants, garden plants and more. ** Do you have plants to sell? Get in touch to ask about selling at the Lumsden Plant Market jeanna@reforestsouthland.co.nz

TUESDAY 4 APRIL

MOSSBURN JUNIOR RUGBY REGISTRATION DAY 3:30pm Mossburn Rugby Grounds. To all new and old players interested in Rippa, 1st & 2nd Grade Tackle and B Grade junior rugby, we are having a registration on the 4th April at 3:30pm at the Mossburn Rugby Grounds. If you're interested in playing rugby this season come down for a look and register with us. Any questions contact Bevan 027 436 9468

WEDNESDAY 5 APRIL

BALFOUR RSA AGM commencing 7pm at the Balfour RSA clubrooms. Everyone welcome. Apologies Susan 027 220 7856

ANGLICAN CHURCH SERVICES

All Saints Church, Meadow St is open weekdays for private prayer and meditation.

PRESBYTERIAN CHURCH SERVICES

Sunday 2 April 10am Mossburn 10am Lumsden Easter - 7 April 10am Lumsden Movie 7pm Lumsden Sunday - 9 April 10am Lumsden 10am Mossburn Sunday 16 April 10am Lumsden 10am Mossburn Sunday 23 April 10am Lumsden 10am Mossburn

For more info see: www.lbkchurch.org.nz or Mike 022 362 3662

CATHOLIC CHURCH SERVICES

Every Sunday, Mass 11.45am Balfour

First Sunday, Mass 7.00pm Lumsden
Other Sundays, Communion Services 6.30pm
Every Sunday, Mass 9.00am Mossburn

DIPTON COMMUNITY CHURCH

Sunday 6pm. James Street Dipton. Service every 2nd & 4th Sunday each month. All Welcome. Please note the new time of 6pm. Ph 03 236 9792 for details.

This is the last edition of the Lumsden light for this term due to Easter next week. The Lumsden Light will resume in Term 2 on the week of 28 April.

Coming Up

14 APRIL - NORTHERN SOUTHLAND SENIOR CITIZENS' POT LUCK LUNCH in Rooms at 12.30pm followed by our meeting, anyone over the age of 50yrs will be most welcome to join us.

18 APRIL - FREE BORE WATER TESTING FOR NITRATE CONTAMINATION at Lumsden Memorial Hall, cnr Meadow St and Hill St and Wednesday 19th April, 10am-4pm, St Andrews Church, cnr Devon St and Ardwick St, Gore. Bring a sample of your drinking water and get it tested while you wait. Run your kitchen tap for two minutes before filling your clean container, at least 200ml, glass or plastic. 'Healthy Water for All' campaign by Greenpeace

19 APRIL - FARMLANDS MOSSBURN IS HOLDING AN APPROVED HANDLERS COURSE at Farmlands Mossburn 12:30 - 5:00pm. Put it on your Farmlands Account for \$575.00 + GST. Any questions or to book please get in touch with Megan 027 570 2509 or the girls at the store 03 248 4040.

21 APRIL - QUIZ NIGHT AT THE DIPTON FIRE BRIGADE Raising funds for Blood and Leukemia Cancer. \$20 team of 4, Cash Bar, Raffles, Auction. Supper Provided. Phone Ian to register 027 452 2116 or Email: ian.ussher@hwr.co.nz

12, **13**, **14 MAY - BALFOUR LIONS BOOK SALE** at the Balfour Hall. We'd love to have your spare books, puzzles, music etc. Please drop off to Macgregor Motors or phone 03 201 6242 for collection.

NORTHERN SOUTHLAND COLLEGE

Staggered Board of Trustee Elections

The Board of Trustees (BOT) elections at Northern Southland College have previously been held on a three-year cycle. The current Board Representatives would like to make a change by holding mid-term elections of the parent representatives as it is felt this would provide better continuity of expertise governing the school.

For more information on the process of Staggered (mid-term) elections, please look at this link. https://www.schoolboardelections.org.nz/board-resources/staggered-mid-term-elections/

The Board of Trustees would like to give notice to parents and students that this matter will be discussed and decided on at the Board of Trustees meeting held at 6pm on Monday 8th May, 2023 at the school. Parents and students have a right to attend this meeting (and any other BOT meeting) as part of the consultation process. It is the Board's decision which three positions are for the three-year term of office and which two are for the 18 month term. The proposed date for the first mid-term election would be April, 2024

It would be helpful if you could notify the Board's secretary by emailing anna.highfield@nsc.school.nz if you are going to attend so we can pick a suitable venue within the school.

Jonny Elder Northern Southland College Presiding Member

Wanted

NSC CLAY TARGET CLUB Is looking for old car/truck/tractor etc batteries to raise funds. Please phone Dale Kington at NSC 03 248 7121

DRY HIRE TRACTOR WITH PTO MOWER. Must be in Lumsden to drive to location Experienced machine operator with all heavy wheel & roller licences. Graham 027 414 2288

MONDAYS

GARSTON PLAYGROUP: Under 6's. BYO morning tea. Awesome fun activities—something different each session. Term 1 & 4 9.30am -12.30pm. Term 2 &3 from 12 noon till 3pm. Look forward to seeing you there. The Old Post Office, Garston. Phone Antje 021 0616 232.

MOSSBURN PLAYGROUP: Term Time Mondays 9am - 12pm. A lovely small certified preschool providing a safe and fun indoor and outdoor environment for 0-5 years. Come and have a relaxed chat with other mums and let your little ones play and learn. Call Vivien Morris 022 451 7306 for more information or pop along to the Community Centre on Mondays.

BALFOUR SCOUTS GROUP, Cubs 7-10 years, Monday nights 6.30 pm - 8 pm, Scout Hall Balfour. For more details please contact Group Leader Trevor 021 708 514 or Noortje Hamers 027 937 4851

MOSSBURN SQUASH CLUB social squash . All welcome, all levels. Come and have a hit and see what it is all about. Ph 021 027 19841 for further information

TUESDAYS

BALFOUR PLAYCENTRE: Is open every Tuesday and Friday from 9am to 12pm. Located at the Balfour Primary School, come visit us for a coffee, catch up and see what our wonderful facility has to offer you and your child. Operates during school term dates. For further information please contact Kathryn Moir 027 314 0015

DIPTON PLAYGROUP Every Tuesday 9.30-12pm. Located behind Dipton Memorial Hall. Fully certificated. Each session offering a small focused theme/activity as well as offering great indoor and outdoor play and so much more. Great chance for mums and families to relax and allow little ones to have fun play whilst learning. Plus a separate Discovery Time/Wa Kitea excursion for 4.5 year old's to Dipton School. Phone Amy 027 294 0219

DIPTON TOY LIBRARY 9.15am - 11.15 am. Other times by arrangement. During school term. Wide range of toys for 0-6 year old's. Located in the Memorial Hall. Fees: \$45 annual; \$12 casual. Email diptontoylibrary@outlook.com

LUMSDEN LADIES' GOLF 9 and 18 holes. Tee off 9.30 am. Some sets of clubs available. Contact Lois Mitchell 027 487 4753. All welcome.

DIPTON GOLF CLUB - 10.00 am, 18 holes contact Paddy 248 5149

COMMUNITY GARDEN, meet every Tuesday 1pm at the garden in Helena Street. All welcome.

'SENIORS' CAFÉ' No joining fees just cost of a tea/coffee and scone - subsidized to \$5.00. First Tuesday of the month 10am Contact Cara Colquhoun 248 7885.

MOSSBURN SENIOR CITIZENS meet on First and Third Tuesdays each month, in the Senior Citizens Rooms, Devon St, Mossburn at 2pm. All welcome Ph 248 6474 or 248 6073

LUMSDEN PLAYGROUP open 10am - 12pm every Tuesday for ages 0 - 5 years, during the school term. We have a fantastic facility and welcome new families to come along and see for yourself! Your 1st two sessions are free so you have nothing to loose and everything to gain! Check out our Facebook page for more information, or contact Katelin White on 021 266 3761.

PATCHWORK & QUILTING CLASSES Patchwork and Quilting Class will be held most Tuesdays, from 1pm until 4pm, at the Five Rivers School. Everyone welcome. Weekly fee, tutor \$15, venue donation \$3. Please phone/txt Jenny Tayler 027 227 2515 for further information, to register, and to check dates

WEDNESDAYS

TAI CHI 10am-11am at the Senior Citizens' Rooms Lumsden. Open to all members of the community. Cost GOLD COIN donation. Great for flexibility and injury recovery.

GARSTON PLAYGROUP: As Mondays

BIBLE STUDY HOME DELIVERY Would you like to attend Bible Study, but family commitments, mobility or transport keep you from attending? Maybe we can help, phone or text Graham 027 414 2288 GEN-2-REV BIBLE STUDY

BIBLE QUESTIONS: GEN-2- REV Bible study is taking a break for a few months. Got Bible questions? You can still text them to 027 414 2288

THURSDAYS

NORTHERN SOUTHLAND WALKGROUP meet 2nd and 4th Thursday of the month, come enjoy genial company, fresh air and wonderful country while active to one's limits .5 to 9-10kms accommodated. Enquire at 03 248 6474

MOSSBURN CRAFT GROUP, meets first and third Thursday of month. 10am until 3pm, lots of talent if one is thinking of taking up a new hobby, all welcome, Contact 248 6474 for further information.

FIVE RIVERS' PLAY GROUP 9.30 -12.30 Wonderful local playgroup, great indoor and outdoor play, music, paints, wood work and plenty more. Small focused activities every week, great chance for mums and families to relax and let kids be kids. Located in the old Five Rivers' School building. Contact Mikaela on 027 773 2083 or just pop along for a look.

MID NORTHERN SOUTHLAND TOY LIBRARY will be open on the first Thursday of every month from 2:45-3:30. Come and visit us at 33 Pluto Rd, Lumsden and check out our huge range of indoor and outdoor toys, puzzles and games. New members welcome. Contact Kate 0278112919 or find us on Facebook.

FRIDAYS

BALFOUR PLAYCENTRE: As Tuesday.

SOCIAL BIKE RIDES - Every Friday at 5.30pm. All welcome and all abilities. Come along and see what it's about. Ph 027 974 3288 for further information or look up Northern Southland Social bike rides on Facebook for all the details

MAINLY MUSIC 10-11.30am every Wednesday during school term . Join us for music and movement with your preschooler at the Lumsden Presbyterian Church. Then enjoy a cuppa, some yummy morning tea and some grown-up time while the kids play! \$4 per family per session-first session free! Find us on Facebook for more details @ mainlymusiclumsden or contact Christine 021 157 6296

SUNDAYS

CASTLEROCK MOSSBURN PONY CLUB weekly rallies starting 20th September Everyone welcome at any level, come along and have a go. Please contact , Annabel Saunders - President 021 176 2648 or Megan Vande Sandt 027 269 3211

ATHOL MARKET every fine Sunday, 10am till 2pm outside The Brown Trout Café. Stalls only \$5. Plenty of room for everyone. Please phone Jan on 03 248 5258 to book in or any enquiries

MID NORTHERN SOUTHLAND TOY LIBRARY will be open on the third Sunday of every month from 10 -11am. Contact Kate 027 811 2919 or find us on Eacebook

Public Notices

CARETAKER FOR LUMSDEN MEMORIAL HALL is Kath Miller ph 027 905 3108 or email kathcando@slingshot.co.nz

CANCER SOCIETY SUPPORT SERVICES available in your area for anyone affected by Cancer. Contact Jo Bremer 021 562 939

LUMSDEN MATERNITY AND WELL CHILD HUB - I am available for Women to get free and confidential Pregnancy tests, bloods tests ordered by their LMC during Pregnancy, Breastfeeding support, and Urgent Antenatal assessments as required by the LMC on a Monday and Thursday from 10am - 2pm. I can be contacted on 021 249 9964 or the hub phone on 03 248 7050, 58 Garden Street Lumsden, Maternity Entrance. Shelley Wesselson .

LUMSDEN COMMUNITY NURSERY MONTHLY MARKET IS BACK! First Saturday of every month from 10am - 2pm. Including native plants, garden plants and more. ** Do you have plants to sell? Get in touch to ask about selling at the Lumsden Plant Market jeanna@reforestsouthland.co.nz

DROP INTO THE LUMSDEN LIBRARY on Wednesday's 10am to 12 noon with any or every one of your devices and ask our patient tech guru James for his guidance and opinion on all your technical or digital woes. Bookings encouraged – chat to your librarian or phone 0800 732 542.

Q-TECH CONSTRUCTION LTD – For all your building, construction and maintenance needs. Please contact Blake O'Connor on 027 953 2452 or email admin@qtechconstruction.co.nz

LUMSDEN COMMUNITY NURSERY Starting 1st April our fortnightly "Plant Lovers' Social Group" is restarting. Come and join us from 10-12 every second Saturday for a fun and relaxed morning of planting, chitchat and morning tea. All are welcome! Follow us on Facebook @reforestsouthland. You asked and we listened! The Lumsden Community Nursery now has some regular hours. As well as the market on the first Saturday of the month (10am - 2pm), we are open Tuesday to Friday 8am to 12 noon. Come and get some top quality plants and support your community nursery.

MUSIC LESSONS: piano/keyboard, beginner guitar, singing, recorder. Judy Blair. 027 260 4415

WITH EASTER COMING UP AND LUMSDEN MEDICAL CENTRE BEING CLOSED FOR 5 DAYS (Friday 7th April - 11th April - reopening on Wed 12th April). This is a friendly reminder to our Patients to check that you have enough of your medications and won't run out over the holidays. Please phone the Medical Centre to order your Prescription well in advance in case you need to have a Medical Review. 03 248 7146

SING ONG TAI CHI Classes held on Wednesday at 10am at the Senior Citizens Rooms in Lumsden. This branch of Sing Ong Tai Chi teaches the Yang style of Tai Chi Chaun as taught by Professor Yek Sing Ong and is now open to the public. The instructor is John Titter who has been training in Tai Chi since 2002. the Sing Ong Tai Chi is a very soft internal art that is beneficial for all ages and fitness levels, beginners are welcome. Benefits of Tai Chi: Improved relaxation, Flexibility & Posture, Energy Levels, Coordination, Concentration and Rehabilitation. For more information contact John Titter Ph 027 491 7299 or email j.k.titter@gmail.com

For Sale

SPARKY'S FIREWOOD Douglas, Macrocarpa, Blue Gum, Pine and Hot mix \$90 / metre Free delivery 027 252 8609

FIVE FINGERS CRAFT & INFORMATION check out our half price and blue dots special's stand, make great gifts.

NSC UNIFORM ITEMS - New white short sleeved blouse \$10, Ascent Leather black school shoes. Good condition size US 7, UK 8 \$40 ph 027 280 0308

FIREWOOD Pine 2.5 mtr trailer load \$200.00.delivered to Mossburn, Lumsden, Five Rivers, ph Mark 021 839 066.

ST JOHN OP SHOP Thank you for all the support you have given us this summer. If you don't already follow us on Facebook, you may want to as that is where we place posts of all the new stuff we get in each week. Just search St John Lumsden Store. Just a little note that we will be closed over easter from

Friday 7th April through to Tuesday the 11th April. We reopen on Wednesday

12th April. We hope you all have a happy and safe Easter. Hope to see you soon

STALL AT MARKET AT SENIOR CITIZENS ROOM ON SATURDAY 1 APRIL. Assortment of fiction, recipe and children's' books and toys, Agee preserving jars and household goods.

LAWN MOWER Brigg and Stratton motor, runs well plus another one for parts \$100 ph 021 210 0268

RED CURRANTS - Frozen free flow. This years crop, 3 containers 2lb in each. \$12 per container. The correct cash would be ideal ph 020 403 64005

HONDA ACCORD 1991 5 speed, recent cam belt, new WOF, rego. 2 New tyres, brake pads. Uses no oil or water very reliable \$1000 ph 021 210 0268

WOOL SHED SHEARING GRINDER (SUNBEAM) ON STAND, 4 good plates, 4 clamps about 5 pendulums. Just had service done \$1000 well below replacement value ph 021 210 0268

Employment

STAFF REQUIRED - CLEANING VACANCIES AVAILABLE IN THE LUMSDEN AREA 1) 2 hours per day, 3:30pm - 5:30pm. 2) 3 hours per day, 3:30pm - 6:30pm (Fixed Term contract). Full training given. Immediate start. Please contact Tina on 027 807 4202 or email tina.kupa@ocs.co.nz

LOOKING FOR A FARMING JOB for a young family with a house to go with the job. PLEASE ring Mel on 021 810 4670 we will do any job

FIVE RIVERS' CAFE IS SEEKING A CAFE ASSISTANT. Immediate Start Possible. No experience needed, just a willingness to learn! To find out more about how to come join our team please. Email info@fiverivers.co.nz Or Ph 021 053 6468

FENCER /GENERAL We are looking for a general handyman to fix things on farm , these may include fencing, welding, firewood, building, spraying gorse, tractor work, etc. some stock work if wanted. Can be part time or full time for fixed term. Very flexible. Phone, 021 444 802.

Accommodation

ROOM FOR RENT share house with one another and two dogs \$120 per week.

DIPTON WEST HOME FOR RENT. Three bedroom brick home. No pets. \$450pw. For all enquires please call Kylie Anderson 027 438 5523

ROOMS TO RENT SHARE ACCOMMODATION Farm house with another furnished or unfurnished close to Lumsden / Balfour\$140 neg Ph/text Steve 027 388 2087

Local Businesses

AA DRY DIGGER HIRE AND BALING: 12 ton digger, \$50 ph delivered. Full mowing, tedding, raking and baling. Wrapped single fusion bales. We also offer lawn mowing - farm cottages, roadside and tanker tracks. For details, please phone Greg 027 435 4746

ADDED ENERGY LTD: Our team of experienced staff can handle all your electrical, pumping, dairy shed and effluent needs. Domestic, rural, industrial, commercial, inspections, solar and energy efficiency, we can handle it all. 0800LUMSDEN (0800586733)

ANDERSON DRAINAGE SERVICES: specialising in tile cleaning, culvert cleaning, septic tank blockages, domestic and rural blockages. Keeping Southland Flowing. Fraser 0211620210

Local Businesses

BLACKTOPP DRAINAGE LTD: Riversdale. Hayden Blacktopp-Owner/operator Ph: 021 755 852. Experienced/Professional Drainage and Excavation services 12 tonne digger with various attachments .Tip Truck, 1.8 tonne digger.

BALFOUR THEATRE COMPANY: Costume Hire. Ziggy Roy Ph 201 6058 or 027 444 8353

BRACKEN HALL: Come in and check out our new autumn fashions. 25% off the last of summer clothing. Shop now and get a great bargain.

BRETT MIDDLETON CONTRACTING LTD: For all your Fencing requirements and now available Diggers/Bulldozers for all your earthworks requirements with experienced operators. Phone for a quote 027 329 2698.

BROOM AND GORSE SPRAYING: specialist in steep terrain and all genera spraying. For more information please ph/text Jason Hoyle 021 185 1909

CRUICKSHANK HELICOPTERS: contact us for all your helicopter spraying, fertiliser, seeding and mustering needs. Phone/Text Matt 027 688 6922.

DAVID STEVENSON AUTO LTD: York Rd, Riversdale. We can offer Lumsden and surrounding districts the following - Full Mechanical repairs, Transmission Flush, Tyres and Batteries, Diagnostic scanning. Contact the team at David Stevenson Auto Ph 03 202 5345 or 027 437 3631.

DIPTON SERVICE CENTRE 2018 LTD: Mechanical repairs, batteries, WOF, tyres, computer diagnostics and European specialist. Contact Tim 03 248 5273 or 022 127 8391

EARTHMOVING AND DRAINAGE: CJ and AR Sheat Limited: 13 tonne digger, tip truck, transporter and drain cleaner . Farm drainage and general earthworks, site preparation, root raking, blocked drains and tiles, gravel supply and cartage. Phone Campbell 027 271 8283 or Ang 027 9182 155

FARMLAMDS MOSSBURN: Last chance for our March Deals Coprice Working Dog Beef 20kg 2 for \$124.00, NRM Chook Tucker 20kg 2 for \$62.00, Horse & Pony Pellets 20kg \$29.90, NRM Duck Tucker 20kg \$22.50, Superior Chunky Dog Roll Original 2kg \$8.50 each, Feed O Matic Chook Feeder 12kg \$159.99, Springarm Flexible Trough Arm 300mm 2 for \$50.00.

FIVE FINGER CRAFT & INFORMATION: Come and check out our range of Babyknits, Gifts and knitwear for the whole family and check out our half price items in store Find us on facebook

FIVE RIVERS' CAFÉ/GALLERY: Come & enjoy our freshly baked treats in our sunshine filled garden. Fantastic coffee, cabinet food & a full menu available seven days a week from 8am to 3pm. New giftware & artwork in the gallery! For bookings or enquiries call our friendly staff 248 7755.

FORK AND SPADE LTD: Leaders in Riparian planting - initial on farm consults, plant supply, proven planting processes, after care programmes. One off and on g o i n g g a r d e n m a i n t e n a n c e a n d c a r e . Ph.021 223 5421. forkandspade.co.nz email - planting@forkandspade.co.nz GIBSTOPPING / PLASTERING: Whole house or patch that hole in the wall. Fibrous plaster restoration. Latest materials and methods used - minimal dust.

Phone Charles 027 260 4418

GILLIGAN BUILDING LTD: All your building needs ph 027 689 2747 or email gilliganbuilding@gmail.com

GLENN TAYLOR SINGLE HECTON TRAILER FOR EWE AND LAMB DAGGING: Sheep jetter for fly and lice treatments. Call Glenn Taylor 0273511545 GORSE AND BROOM A PROBLEM? FJ and AM Rae LTD are now operating a Twin Reel Unit in your area. For more information please phone Frank on 027 497 2887

GORSE AND BROOM SPRAYING: fly and spider spraying, 12 ton digger/v bucket, ditching/farm maintenance call Tom 027 499 5676 for free quote

HANK'S PLACE: HYNDS precast and reinforced concrete water troughs oblong 275ltr, round 515ltr, 750ltr and 900ltr in stock now. PVC culvert pipes 110mm – 315mm and EUROFLO farm culvert pipe sizes 250mm – 800mm in stock today. RX Drainflo slotted 110mm x 100mtr and 160mm x 45mtr plenty in stock. Hanks Place 148 Flora Road LUMSDEN Phone: 03 248 7522

JIMMY'S CARPET: Carpet Layer. Free measure & quote Lumsden & surrounding districts. Ph. Jimmy 027 445 9731.

KITCHENS & JOINERY: MASTERCRAFT KITCHENS by NIGEL MOLLOY JOINERY LTD are proud to be your local kitchen manufacturer. Call the team on 0800 464 435 or Nigel on 027 437 4830 or email office@molloyjoinery.nz. Do you need a new Kitchen? Are you looking for shelving, storage, a pantry, a laundry, wardrobes, doors, windows, stairs, bathroom or kitchen appliances? Then look no further as we do it all for you to suit your lifestyle and your budget! And our expert design team can turn your ideas into 3D plans and images, so you can see what your kitchen will look like. Call today and check out our website for inspirational ideas https://www.nigelmolloyjoinery.co.nz

LUMSDEN LIBRARY: - ARE YOU A MEMBER OF LUMSDEN LIBRARY? Come in and join the library to explore a treasure find in our EASTER EGG HUNT...fun for all ages...find that ONE special hidden chocolate egg each day (on Monday, Wednesday and Friday) from now to Wednesday, 5th April 2023. BE IN TO WIN an EASTER EGG in our Easter colouring in competition. Winner to be called on Monday, 3rd April 2023

FREE BORE WATER TESTING FOR NITRATE CONTAMINATION.

Lumsden, Tuesday 18th April, 10am-4pm, Lumsden Memorial Hall, cnr 8 Meadow St and Hill St And Gore, Wednesday 19th April, 10am-4pm, St Andrews Church, cnr 2 Devon St and Ardwick St.

Bring a sample of your drinking water and get it tested while you wait.
Run your kitchen tap for two minutes before filling your clean container, at least 200ml, glass or plastic.
'Healthy Water for All' campaign by Greenpeace

Local Businesses

LUMSDEN PRESCRIPTION & GIFT CENTRE: You can now ask for repeat scripts by text to 027 230 1400 (No phone calls to this number please. Any other inquiries to 03 248 7102. 10am to 5pm, Monday to Friday. Script collection times 11.30am and 2.30pm

MASSAGE & SOFT TISSUE THERAPY. Appointments available in Balfour from a qualified & experienced therapist. Treatments available - myofascial release, injury prehab/rehab, sports performance & recovery, improved mobility and movement, relaxation & pregnancy massage, trigger point therapy & dry needling. For more info check out my FB page or sonjawatkinswellness.co.nz. Ask me about nutrition coaching and exercise prescription also. Advance bookings essential. Inquiries welcome. To invest in your wellness ph/text: 027 647 3663; email: feelgood@sonjawatkinswellness.co.nz

MASON ADAMS CONTRACTING LTD: For all your crutching requirements – Ewes, Lambs and Rams over a triple or single trailers. Now also Tailing Contracting as well. Phone Mason on 027 491 3428

MACDONALD EXCAVATING: Drainage, general excavation work, roading, grading, rolling, mobile crusher and screening plant, gravel supplies and cartage. Bobcat for cleaning sheds and yards. 30-RB dragline with a reach of up to 30 metres. This is the perfect machine for pile driving, clearing sludge ponds, creeks or rivers.www.macdonaldexcavating.co.nz phone Ali 027 434 4001 or Campbell 027 271 8283

ST JOHN OP SHOP: If you have a few spare hours each week or even a day a month why not come and enquire about becoming a volunteer in store. It is now easier than ever to become a volunteer at the op shop. The criteria for volunteering has changed so please come in and have a chat with me (Perla). We have lots of different "jobs" in store. You could be a window dresser, a "sewer", a handy person to help us with repairs, or you may want to learn what retail is all about and get some experience. There is something for everyone. Did you know we are more than an op shop? You can come in and pay your Ambulance Subscription, buy first aid kits or come in and get more information about the Health Shuttle, Caring Callers and Medical Alarms.

NORTHERN SOUTHLAND HEALTH SHUTTLE SERVICE: The St John Health Shuttle is operating in Level 2. If you need transport to your Covid Vaccination appointment the Health Shuttle can take you just call the 0800 number. The service operates Monday to Friday, excluding public holidays. For more information or to make a booking please call 0800 103 046. Bookings are required by 3pm the day prior to transport. This service is run by volunteers. We do not charge a fee for Health Shuttle transport, however, we do accept donations to help cover costs. The phone number has changed but the Drivers are still local drivers.

Q-TECH CONSTRUCTION LTD – For all your building, construction and maintenance needs. Please contact Blake O'Connor on 027 953 2452 or email admin@atechconstruction.co.nz

RACHAEL COLLINS-CELEBRANT: bookings for weddings are already being made for 2024. A Validated member of the Celebrants Association of New Zealand (VCANZ). For inquiries call me on 027 235 5144 or email info@rachaelcollins.co.nz

REED PLUMBING & GAS. Certifying plumber and gasfitter for all your plumbing and gas requirements. Covering Lumsden and surrounding areas. Our services also include central heating, gas appliance maintenance/certification and diesel boiler servicing. Darren Reed 021 076 2274, email office@copg.co.nz

ROCHELLE DILLON PHOTOGRAPHY: your local qualified professional newborn & portrait photographer who captures love & laughter in a relaxed way, creating bespoke wall art with your images so you can enjoy them everyday! To find out more contact me 027 293 3221 ~ rochelle@rochelledillon.co.nz ~ www.rochelledillon.co.nz

ROCK HOMEKILL: Ray Orchard Contract Killing - Lumsden based operator - Servicing Northern Southland and Beyond since 2006. Check out our Facebook page - ROCK Homekill and use the ROCK homekill booking - Jotform. Ph: Ray (Oz) 027 248 6396

ROASTED x TOASTED: We are open 7 days a week for all your coffee needs. Instore & at home. Come on in and say Hi to our awesome crew anytime and enjoy our wonderful hospitality, good vibes and selection of great food and drinks. We now have smoothies and yummy iced drinks to choose from. Along with an ever changing array of local artisanal goodies in our retail store. Kel, Steve, Lyds, Lotts, Deb Deb, Holly, Ruby & Jon look forward to welcoming you! MON - FRI 8am to 3pm and SAT - SUN 9am to 3pm.

<u>SHERE@SOMATIC.REHABILITATION.NZ</u> professional life-coaching, counselling and psychotherapy. Sheree Honeyfield-Smith 2487 244 or 027 200 0355

SOUTHERN HIRE & CONTRACTING: Grass Measuring & Weed Wiping available. Ideal to keep an eye on inputs and track your feed efficiency. Weed wiping gets rid of ragwort, nodding thistles, cali's and many more nasties. Available in the Balfour, Lumsden, Mossburn, Riversdale, Dipton and surrounding areas. Good modern equipment, competitive price and prompt efficient service. Call Chris Wilson 027 474 7558 for more information

SOUTHERN HOOF CARE Professional hoof trim services and lame cow care in the south. Get in touch today ph 027 478 9632 or www.southernhoofcare.co.nz

SOUTHERN LAND & WATER PLANNING LTD: We specialize in preparing: resource consents, farm environmental management plans, policy advice, DOC concessions, landscape and riparian management plans and landscape assessments. Call Rebecca on 027 424 6129 or Sonya on 027 505 0077 or visit www.slwp.co.nz for more information.

SQUARE UP BUILDING: Rural - Residential - Landscapes, contact Jamie Maginn Licensed Building Practitioner & member of Registered Master Builders on 027 300 7780, <u>jamie@squareupbuilding.co.nz</u> follow us on Facebook to keep up to date with our latest projects

STALKER BUILDING LTD: Stalker Building Ltd has been servicing Lumsden, Mossburn, Athol, Balfour, Dipton and surrounds since 2005. For all building requirements from repairs and maintenance to renovations, additions, fire installation to new builds. House plans available. Proud to be a member of Registered Master Builders and David is a Licensed Building Practitioner. For a professional service from a local lad call David Stalker 027 463 8685

STORAGESPACE.KIWI: Secure, cost effective, storage solutions in Lumsden. Shipping containers also for sale. Phone Campbell Sheat 027 271 8283 www.storagespace.kiwi

TORQUED NZ LTD: Mobile Diesel Mechanic based in Mossburn serving the surrounding areas. Call Orin Tapp on 0212244654 or email torquednz@gmail.com ULTRASCAN NORTHERN SOUTHLAND: Pregnancy testing cows and calf dehorning. Ph 248-7338 Mob 027-690 0179 Lukas & Gabriela

UNDERGROUND TAKEAWAYS - available to empty your septic tanks and any other sumps that need cleaned Ph Brian 027 407 2272

NSCRCCT COMMUNITY CO-ORDINATOR'S OFFICE 'SUPPORTING THE NEEDS OF OUR COMMUNITY' NSCRCCT COMMUNITY CO-ORDINATOR

Covering the Northern Southland areas Mossburn, Lumsden, Balfour, Athol, Garston and Dipton

REMEMBER - Free confidential advice and support for all members of our community.

Cara Colquhoun Phone 248 7885, Cell 027 810 8880 email nscco-ord@xtra.co.nz

Seniors Café - 4 April 10am at Route 6

- Community Garden meet every Tuesday 1pm at Helena Street All welcome.
- MINI FUN FAIR (school holiday programme) 18TH APRIL 11AM TO 3PM AT LUMSDEN RUGBY GROUNDS. FOR SCHOOL AGE CHILDREN. Limited spaces registrations to Cara Colquhoun (Community Co-ordinator).
- OUR NEW HOME IS AT THE BACK OF MATERNITY CENTRE
- PATAKA KAI is now situated at the front of the Community Garden in Helena Street.
- Please note for anyone that has a need in the community our storage room has clothing and household items to help out.